

- Hazards should be avoided through engineering or administrative controls. If those controls are not available or unfeasible, personal protective equipment should be used to put a barrier between you and the hazard.
- Personal Protective Equipment or PPE as we know it, is our last barrier of defence. There are many types of PPE but most fall into the following areas
- *Hard Hats* – Designed to meet EN 397 and must be worn in hazardous areas. All sites are “hard hat areas” Make sure you have a hard hat, it is clean, in good condition and is not a borrowed. You do not know if it has been damaged
- *Goggles/Safety Glasses* – Designed to meet BS EN 166 (various categories depending on use). You get 70% of information from your eyes Wear your safety glasses to protect your eyesight.
- *Ear Defenders* –Designed to reduce to below 85dB, the level of sound you are subjected to. Your Company will have selected suitable defenders. Wear them to prevent short and long term hearing loss.
- *Jacket/Leggings* – Designed to meet BS EN 471 class 3 or PR EN 343 Class 1. Can be supplied in Saturn Yellow or Hi-Vis Orange. To be worn to protect you from the weather and conditions and for others to be able to see you
- *Gloves* – Many types of gloves are available. Use the correct type supplied to stop cement burns, contact dermatitis, cold, wet, vibration, sores and abrasions
- *Safety Footwear* – Designed to meet BS EN 345 or BS EN 346. To be worn at all times in designated areas. The boots must have a protective toecap and protective soleplate.

PPE

HEAD PROTECTION
Hard hats are designed to protect your head from falling objects, electrical equipment, and other hazards. They are made of strong materials like polycarbonate or high-density polyethylene. Always wear your hard hat correctly, ensuring it is properly secured and adjusted to fit your head.

EYE PROTECTION
Safety glasses and goggles are designed to protect your eyes from flying debris, splashes, and other hazards. They are made of clear, shatter-resistant materials. Always wear your eye protection correctly, ensuring it covers your eyes and is properly secured.

HEARING PROTECTION
Ear defenders and earplugs are designed to protect your hearing from loud noises. They are made of sound-absorbing materials. Always wear your hearing protection correctly, ensuring it covers your ears and is properly secured.

RESPIRATORY PROTECTION
Respirators and dust masks are designed to protect your lungs from dust, fumes, and other airborne hazards. They are made of filter materials. Always wear your respiratory protection correctly, ensuring it covers your nose and mouth and is properly secured.

SKIN PROTECTION
Safety jackets and leggings are designed to protect your skin from weather, UV radiation, and other hazards. They are made of durable, weather-resistant materials. Always wear your skin protection correctly, ensuring it covers your torso and legs and is properly secured.

HAND PROTECTION
Safety gloves are designed to protect your hands from cuts, abrasions, and other hazards. They are made of various materials like leather, nitrile, and cotton. Always wear your hand protection correctly, ensuring it covers your hands and is properly secured.

FOOT PROTECTION
Safety boots are designed to protect your feet from falling objects, sharp objects, and other hazards. They are made of durable, slip-resistant materials. Always wear your foot protection correctly, ensuring it covers your feet and is properly secured.

STATISTICS

- 84% of workers do not wear their PPE correctly.
- 50% of workers do not wear their PPE at all.
- 99% of workers do not wear their PPE for the full duration of their shift.
- 25% of workers do not wear their PPE in designated areas.
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CONTACT INFORMATION

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- Did You Know?**
You have a ‘duty’ to
1. Use any PPE issued to you
 2. Report any loss or defects.
 3. Do not loan it to others.
 4. Keep you PPE clean and in good repair.
 5. Personnel Protective Equipment 2002 Regs

- Q: “From where should you get your PPE?”
- Q: “How often should you check your PPE?”
- Q: “Where does your brain acquire most of its information from?”