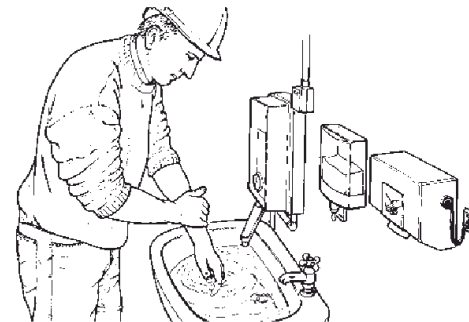


Personal Hygiene

- Dermatitis is caused by the skin coming into contact with certain substances. It is NOT infectious.
- Some things might affect you almost the first day you use them, some might take weeks, months or years to surface.
- Read the labels on any substance before use.
- Dermatitis could affect your health, livelihood, family and social life.
- Use barrier cream on hands & arms.
- Wear the appropriate PPE, especially gloves.
- Always wash your hands before eating, before and after using the toilet.
- If you must smoke, then avoid doing so with dirty hands.
- Clean eating areas immediately after each break.
- Dispose of waste food properly or you will attract vermin.
- Rats can transmit Weil's disease.
- Please leave welfare facilities as you would wish to find them.
- Do not wear oil contaminated clothing next to your skin.
- If you have cuts or sores, then keep them covered.

Did you know?

Dermatitis starts with redness, itching, scaling or blistering. If it gets worse the skin can crack and bleed and spread.



Q: What would happen to your social life if your exposed skin was affected?