

Slips, Trips & Falls

- Most injuries from slips trips and fall occur because of bad housekeeping.
- Many items left on the ground will trip someone up if not moved to a safe position.
- Spilt substances, such as oils and greases, will form a slip hazard if not immediately clean up.
- General debris can quickly accumulate and form tripping hazards.
- Trailing cables are another cause of tripping.
- Mud left on rungs and vehicle steps will be a slipping hazard.
- Reduced levels of natural light can easily increase the tripping hazards.
- Clear up all waste materials as you create them. Lightweight waste should be bagged or bundled, and nails removed from waste timber.
- Work in a tidy manner, do not leave tools, equipment or unused materials lying around.
- If you are using substances that could spill, ensure that you have means of effectively cleaning up all spillages.
- As far as possible route all cables away from pedestrian walkways.
- If the site is muddy, scrape mud off your boots before climbing ladders, entering vehicles.
- Be aware of the increased risk of tripping when the level of natural light fades.
- Ensure all tools that are not in use are stored away.
- If you see a trip hazard, remove it or highlight it to your co-workers, and then inform your Line Manager.



Q – What can you do in your job to reduce trip hazards?

Q – How should you clean up hazardous spills?

