

Access & Egress from Plant & Equipment

Lost Time Injury (subcontractor)

The Facts

IP was getting out of an excavator, slipped on the track of the machine and fell to the ground, and then felt pains to his arm and ribs. Unconfirmed reports are that the IP has sustained 3 broken ribs and a fractured wrist (medical report awaiting).



3 Points of Access Rule



Causes

- Lost footing whilst stepping down from the excavator.

Considerations & Actions

- Always face the vehicle when entering or leaving the cab, use the steps and handholds whilst always maintaining 3 points of contact.
- Don't jump down, this is bad for your knees and you are more likely to fall.
- Before stepping off the vehicle check for uneven surface such as potholes, stones or kerbs that may cause you to slip.
- Keep the soles of your footwear clean to reduce the risk of slipping.
- Keep the steps of your vehicle clean to reduce the risk of slipping.
- Clean up spills, dirt, diesel or mud to prevent individuals slipping.
- Carry out pre-use checks of your vehicle:-
 - Check steps and handholds are in good condition and report any defects.
- Always keep areas clean and free from debris, pick up loose ropes, packaging, timbers etc.



SAFETY ALERT 

Always Remember

It's Not the Falling that Hurt's – It's the Landing!

Check your access and egress for cleanliness and serviceability NOW!



Think for a Second
Put Safety First

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